

# Sugar & Spice

BIOTONE®



Whisk away dull dry skin and improve texture with a delightfully decadent Milk & Honey Sugar Scrub and a Black Baltic Mud wrap infused with a warm spicy blend of cinnamon & clove essential oils.

## Ingredients

Milk & Honey Sugar Scrub 2 oz  
Black Baltic Body Mud 4 oz  
Cinnamon Leaf Essential Oil 15 drops  
Clove Essential Oil 15 drops  
Smoothing Massage Butter 1 oz  
Milk & Honey Customizing Complex 15 drops

## Supplies

3 rubber spa bowls  
Plastic Wrap  
9 warm, moist hand towels

## Instructions

1. Mix Black Baltic Body Mud with 15 drops of Cinnamon Leaf Essential Oil and 15 drops of Clove Essential Oil.
2. Mix Smoothing Massage Butter with 15 drops of Milk & Honey Customizing Complex.
3. Apply an exfoliation treatment with Milk & Honey Sugar Scrub.\*
4. Apply Black Baltic Body Mud in an even layer to each part of the body\*, while quickly covering each area with plastic wrap. Cover the client with a towel to keep warm.
5. While standing at the head of the table, pull up all layers of sheets, thermal wrap and blanket, cocooning the client.
6. Allow the client to rest for 15-20 min. This is an ideal time to incorporate an add-on face or foot massage.
7. Remove plastic wrap, removing as much mud as possible with the wrap. Remove remaining mud with warm, moist towels. Be sure to cover exposed damp skin with a bath towel.
8. Perform a finishing treatment with Smoothing Massage Butter.

\* Follow protocols in BIOTONE Spa Brochure

Session Time: 60-90 min.

Recommended Price: \$120 - \$150

Cost Per Treatment: \$7.28 (large sizes)

