

# Green Tea Energy

BIOTONE®



Combat the effects of the hot summer sun with BIOTONE's signature customizing complex Green Tea & Lime Leaf. Restore depleted energy and deliver moisture to dehydrated skin while a blend of powerful anti-oxidants repair and protect.

## Ingredients

Micro-Buff Body Polish	2 oz
European Rose Body Mud	4 oz
True Balance Massage Gel	1 oz
Green Tea & Lime Leaf Customizing Complex	55 drops

## Supplies

3 rubber spa bowls  
Plastic Wrap  
9 warm, moist hand towels

## Instructions

- 1 Mix **Micro-Buff Body Polish** with 15 drops of **Green Tea & Lime Leaf Customizing Complex** in a rubber bowl.
- 2 Mix **European Rose Mud** with 30 drops of **Green Tea & Lime Leaf Customizing Complex** in a rubber bowl.
- 3 Mix **True Balance Massage Gel** with 10 drops of **Green Tea & Lime Leaf Customizing Complex** in a rubber bowl.
- 4 Apply an exfoliation treatment with the **Micro-Buff Body Polish**.\*
- 5 Apply **European Rose Body Mud** in an even layer to each part of the body,\* while quickly covering each area with plastic wrap. Cover client with a towel to keep warm.
- 6 Allow client to rest 15-20 min. This is an ideal time to incorporate an add-on face or foot massage.
- 7 Remove plastic wrap, removing as much mud as possible. Remove remaining mud with warm, moist towels. Cover exposed damp skin with a bath towel.
- 8 Perform a finishing treatment with **True Balance Massage Gel**.



\* Follow protocols in BIOTONE Spa Brochure