

# Bare Your Sole

Get your feet in tip top shape for the summer! Enjoy a soak in a refreshing foot bath followed by an invigorating exfoliation revealing baby soft feet. A massage with Marine Therapy Pedi Balm soothes and leaves feet deeply hydrated.

## Ingredients:

Marine Therapy Pedi-Scrub ½ oz  
Marine Therapy Pedi-Balm ½ oz  
Awaken Essential Oil 10 drops  
1 Lemon

## Supplies:

large bowl/basin  
2 rubber spa bowls

## Instructions:

1. Cut lemon into slices
2. Warm product prior to application
3. Add warm water to large bowl/basin and add lemon slices and 10 drops of Awaken Essential Oil. Let feet soak in footbath for 5 minutes
4. Remove right foot from footbath and smooth Marine Therapy Pedi-Scrub over the entire foot. Apply in small circular movements – paying special attention to rough/callused areas. Place foot back in bath, repeat with left foot.
5. Remove feet from footbath and wipe clean from excess granules.
6. Complete the treatment with a quick foot and lower-leg massage using Marine Therapy Pedi-Balm.

Session Time: 20-30 min

Recommended Price: \$20-\$30

Cost Per Treatment: \$1.21

(large sizes, doesn't include lemon)



BIOTONE®

