



Soothing Tension Treatment

Relieve tension in the mind and body with a tranquil aromatherapy experience. This full body aromatherapy treatment will help to relieve muscle tension and melt away body stress, leaving you feeling calm and relaxed from head to toe.

Ingredients

- Relaxing Therapeutic Massage Creme2 oz
- Muscle Comfort EO Blend 3 drops
- Marine Therapy Pedi Scrub ¼ oz
- Marine Therapy Pedi Balm ¼ oz

Supplies

- 2 Rubber Spa Bowls
- 3 Warm Moist Towels

Instructions

1. Take 1 warm moist towel and wring out all excess water.
2. Add 3 drops of Muscle Comfort EO Blend to the damp towel.
3. Place towel with EO underneath the bottom of the head cradle (inside of the cradle cover).
4. Place ¼ oz of Marine Therapy Pedi Scrub in a rubber bowl.
5. Place ¼ oz of Marine Therapy Pedi Balm in a rubber bowl.
6. Apply Marine Therapy Pedi Scrub on to client's feet and perform an exfoliation.*
7. Remove with warm, moist towels.
8. Apply Relaxing Therapeutic Massage Crème to body and perform a massage.
9. Apply Marine Therapy Pedi Balm for a finishing foot treatment.



Session Time: 60 min

Recommended Price: \$85 - \$120

Cost Per Treatment: \$1.70