Rock & Sole Foot Massage

Hardworking feet deserve a treat! Salts from the Dead Sea combined with Marine Extracts soothe and soften followed by a moisturizing wrap of European Rose Mud. A hot stone massage revitalizes and renews.

Ingredients

- Marine Therapy Pedi-Scrub ½ oz
- European Rose Mud ½ oz
- Peppermint Essential Oil 10 drops
- Lemon Essential Oil 15 drops
- Herbal Select Foot Lotion ½ oz

Supplies

- 3 rubber spa bowls
- Plastic Wrap
- 4 hot, moist hand towels
- hot stones

Instructions

1. Mix European Rose Mud with 10 drops of Peppermint Essential Oil and 15 drops Lemon Essential Oil.

2. Smooth Marine Therapy Pedi-Scrub over the entire right foot. Apply in small circular movements – paying special attention to rough/callused areas. Repeat on the left foot.

3. Remove the Marine Therapy Pedi-Scrub with a hot, moist towel.

4. Apply the European Rose Mud to the entire right foot using small circular movements, repeat on left foot.

5. Cover both feet with plastic wrap and a bath sheet. Leave on for 5-10 minutes.

6. Remove European Rose Mud with a hot, moist towel.

7. Complete the treatment with a quick foot/lower leg hot stone massage using Herbal Select Foot Lotion.

Session Time: 30 - 40 min.
Recommended Price: $30 - $40
Cost Per Treatment: $2.14

* Follow protocols in BIOTONE Spa Brochure