



# Radiantly Rosy Body Buff

This exceptionally skin-softening body treatment begins with a luxurious cornmeal & poppy seed exfoliation with scents of Lavender & Rose. Followed by an ultra-hydrating body wrap to help refine and soften skin, while accelerating cell renewal. A finishing massage treatment is completed with the calming scents of Lavender & Calendula.

## Ingredients

- Lavender & Rose Perfect Grain Body Exfoliant .. 1.5 oz
- European Rose Body Mud ..... 2.5 oz
- Lavender & Calendula  
Hydrating Massage Lotion ..... 1 oz

## Supplies

- 3 Rubber Spa Bowls
- 10 Warm Moist Towels
- 2 Sheets Plastic wrap

## Instructions

1. Place 1.5 oz of Lavender & Rose Perfect Grain Body Exfoliant in a rubber bowl.
2. Place 2.5 oz of European Rose Body Mud in a rubber bowl.
3. Place 1 oz of Lavender & Calendula Hydrating Massage Lotion in a rubber bowl.
4. Apply an exfoliation treatment with Lavender & Rose Perfect Grain Body Exfoliant.\*
5. Apply European Rose Body Mud in an even layer to each part of the body\*, while quickly covering each area with plastic wrap. Cover the client with a towel to keep warm.
6. While standing at the head of the table, pull up all layers of sheets, thermal wrap and blanket, cocooning the client.
7. Allow the client to rest for 15-20 min. This is an ideal time to incorporate an add-on face or foot massage.
8. Remove plastic wrap, removing as much mud as possible with the wrap. Remove remaining mud with warm, moist towels. Be sure to cover exposed damp skin with a bath towel.
9. Perform a finishing treatment with Lavender & Calendula Hydrating Massage Lotion.



Session Time: 60 min

Recommended Price: \$100 - \$125

Cost Per Treatment: \$5.56

(Exfoliant only available in 12oz)