Inner Peace

Achieve a state of inner peace with a gentle exfoliation and calming wrap that incorporates a blend of essential oils that will bring you to a place of restful relaxation. A massage with Relaxing Therapeutic Massage Creme completes the treatment and leaves skin soothed and hydrated.

Ingredients

- Micro-Buff Body Polish................................................2 oz
- Black Baltic Body Mud..................................................4 oz
- Peace Balancing Blend ..............................................45 drops
- Relaxing Therapeutic Massage Creme.........................1 oz

Supplies

- 3 rubber spa bowls
- Plastic Wrap
- 9 warm, moist hand towels

Instructions

3. Apply and exfoliation treatment with the Micro-Buff Body Polish.*
4. Apply Black Baltic Body Mud in an even layer to each part of the body,* while quickly covering each area with plastic wrap. Cover client with a towel to keep warm.
5. Allow client to rest 15-20 min. This is an ideal time to incorporate an add-on face or foot massage.
6. Remove plastic wrap, remove as much mud as possible. Remove remaining mud with warm, moist towels. Cover exposed damp skin with a bath towel.
7. Perform a finishing treatment with Relaxing Therapeutic Massage Creme.

*Follow protocols in BIOTONE Spa Brochure

Session Time: 60 – 90 min
Recommended Price: $120 - $150
Cost Per Treatment: $8.88