Get-up-and-go

Awaken the body by removing toxins and impurities with a refreshing exfoliation and detoxifying wrap. A rejuvenating massage with a blend of energizing essential oils will uplift and renew.

**Ingredients:**
- Exfoli-Sea Salt Glow 2 oz
- Black Baltic Body Mud 4 oz
- Detoxifying Customizing Complex 60 drops
- Energy Aromatherapy Massage Lotion 1 oz

**Supplies:**
- 2 rubber spa bowls
- Plastic Wrap
- 9 warm, moist hand towels

**Instructions:**

1. Mix Exfoli-Sea Salt Glow with 30 drops of Detoxifying Customizing Complex in a rubber bowl.


3. Apply an exfoliation treatment with the Exfoli-Sea Salt Glow.*

4. Apply Black Baltic Body Mud in an even layer to each part of the body,* while quickly covering each area with plastic wrap. Cover client with a towel to keep warm.

5. Allow client to rest 15-20 min. This is an ideal time to incorporate an add-on face or foot massage.

6. Remove plastic wrap, remove as much mud as possible. Remove remaining mud with warm, moist towels. Cover exposed damp skin with a bath towel.

7. Perform a finishing treatment with Energy Aromatherapy Massage Lotion.

*Follow protocols in BIOTONE Spa Brochure

Session Time: 60 – 90 min
Recommended Price: $120- $150
Cost per treatment: $8.30