



Citrus Berry Bliss

Achieve a radiant summer glow with an invigorating citrus exfoliation treatment and hydrating wrap. Followed by a soothing massage to moisturize and nourish, leaving skin satiny soft.

Ingredients

Micro-Buff Body Polish [2 oz]
 European Rose Body Mud [4 oz]
 Mango & Mandarin Complex [45 drops]
 Pom & Cran Complex [45 drops]
 Smoothing Massage Butter [1 oz]

Supplies

Rubber spa bowls [3]
 Warm, moist hand towels [9]
 Plastic Wrap [1]

Instructions

1. Mix Micro-Buff Body Polish with 45 drops of Mango & Mandarin Customizing Complex in a rubber bowl.
2. Mix European Rose Body Mud with 45 drops of Mango & Mandarin Customizing Complex in a rubber bowl.
3. Mix Smoothing Massage Butter with 45 drops of Pomegranate & Cranberry Customizing Complex in a rubber bowl.
4. Apply an exfoliation treatment with Micro-Buff Body Polish.*
5. Apply European Rose Body Mud in an even layer to each part of the body*, while quickly covering each area with plastic wrap. Cover the client with a towel to keep warm.
6. While standing at the head of the table, pull up all layers of sheets, thermal wrap and blanket, cocooning the client.
7. Allow the client to rest for 15-20 min. This is an ideal time to incorporate an add-on face or foot massage.
8. Remove plastic wrap, removing as much mud as possible with the wrap. Remove remaining mud with warm, moist towels. Be sure to cover exposed damp skin with a bath towel.
9. Perform a finishing treatment with Smoothing Massage Butter.



Session Time: 60 – 90 min

Recommended Price: \$120 - \$150

Cost Per Treatment: \$10.09 (lg. sizes)